



Fast Forward | sermon
Digging Wells | series
Vladimir Savchuk | speaker
Acts 13:2-4 | scripture
November 24, 2019 | date

Acts 13:2-4

Fasting is not hunger strike
Fasting is not diet
Fasting is not starvation

Early Christians fasted two days of the week, Wednesday and Friday.
Fasting and prayer was linked together.

FASTING IS SERVING THE LORD

- A. Fasting restores my hunger
If you are waiting on God, do what waiters do: serve. (Luke 12:37-38).
- B. Fasting control my appetites.
Fasting is preparation for temptation.
- C. Fasting increases sensitivity to Holy Spirit.
Fasting is not making God talk but make me hear

FASTING IS ABOUT SEPARATED TO THE LORD

- A. Fasting is being separated to the Holy Spirit.
- B. A vessel that honors the Holy Spirit will be a vessel that the Holy Spirit will honor (1 Samuel 2:30)
Calling is discovered (gold, silver, wood, clay) (2 Timothy 2:20-21)
Consecration is decided (honor or dishonored)
- C. You are enslaved by what you enjoy.
What you do in your free time will either set you free or enslave you.
You are what you enjoy
It's not about formula of what to separate from but focus on what to separate to.

FASTING AS SENDING BY THE LORD

- A. Paul was sent by Spirit but first he was separated to the Spirit.
- B. There is your *current* work and your *called* work.
- C. Your *called* work comes with *confirmation* and *commission*.

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