



**Matthew 11:28-30 | scripture**  
**Ivan Semenyuk | speaker**  
**My Yoke is Easy, My Burden is Light | sermon**

*Matthew 11:28-30*

Jesus never tells us to do something that He Himself doesn't do first.

If we understand what Jesus did for us on the cross, we will find life, peace, and rest.

*Isaiah 53*

*1 Corinthians 1:18*

*2 Corinthians 5:21*

A yoke is also a covenant (agreement) discipleship.

*Hebrews 5:7-9*

*Amos 3:3*

*Joshua 24:15*

We must choose our yoke/burden.

*John 6:37*

*Isaiah 57:20-21*

*Matthew 16:24*

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