



Isaiah 40:29-31 | SCRIPTURE

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When You Can't Take It Anymore | SERMON

1. God will not give us more than He can handle.

NASB 1 Corinthians 10:13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

NASB 2 Corinthians 1:8-9 For we do not want you to be unaware, brothers, of the affliction we experienced in Asia. For we were so utterly burdened beyond our strength that we despaired of life itself. Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead.

2. When God doesn't remove the struggle, He renews our strength.

NASB Isaiah 40:29-31 He gives strength to the weary, and to him who lacks might He increases power. Though youths grow weary and tired, and vigorous young men stumble badly, yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.

Stress is the gap between the demands placed upon us and the strength that we have to meet those demands.

God doesn't ask you to use your strength; God asks you to discover His strength.

NLT Philippians 4:13 For I can do everything through Christ, who gives me strength.

NKJV 2 Corinthians 12:9 And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

NOTES



NKJV 1 Samuel 15:29 *And also the Strength of Israel will not lie nor relent. For He is not a man, that He should relent."*

NASB Exodus 15:2 *The LORD is my strength and song, and He has become my salvation; this is my God, and I will praise Him; my father's God, and I will extol Him.*

NASB Proverbs 24:10 *If you fail under pressure, your strength is too small.*

You don't have to be strong if you have a strong relationship with God.

AMP Isaiah 40:31 *But those who wait for the LORD [who expect, look for, and hope in Him] Will gain new strength and renew their power; They will lift up their wings [and rise up close to God] like eagles [rising toward the sun]; They will run and not become weary, They will walk and not grow tired.*

3. God's strategy is in God's strength.

NASB 1 Samuel 20:6 *Moreover David was greatly distressed because the people spoke of stoning him, for all the people were embittered, each one because of his sons and his daughters. But David strengthened himself in the LORD his God.*

ESV Isaiah 40:31 *But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.*

- A. Soar like an eagle (adversities)
- B. Surge like an athlete (urgencies)
- C. Stick like a soldier (necessities)