



And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. Ephesians 2:1-3

We have three enemies: the devil, the world, and the flesh.

The flesh frequently refers to the body (Leviticus 14:9).

The flesh is a general description of all mankind (Genesis 6:17; Acts 2:17).

The flesh is sinful in nature (Romans 7:5; 8:13); it has passions and lusts (Galatians 5:24; 1 John 2:16); it enslaves to sin (Romans 7:25).

The flesh is the traitor within who is in relationship with the demons without.

The flesh provides tinder (flammable material) upon which the devil's temptations can kindle.

The flesh is not a demon but if you give it a foothold, it will create a place for a demon.

The LORD said to her, "Two nations are in your womb; and two peoples will be separated from your body; and one people shall be stronger than the other; and the older shall serve the younger." Genesis 25:23

Victory over the flesh is not automatic but manual. It's like driving stick shift-it has three pedals (consider-clutch, crucify-brake, and commit-gas).

1. Consider (yourself dead to the flesh).

Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. Romans 6:11

2. Crucify (the fleshly cravings).

And those who are Christ's have crucified the flesh with its passions and desires. Galatians 5:24



3. Commit (to follow the leading of the Holy Spirit).

For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another so that you do not do the things that you wish. Galatians 5:17

The presence of the Holy Spirit creates a fight with the flesh. Surrender to the Holy Spirit gives you victory over the flesh.

I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. Galatians 5:16