



Matthew 17:21; Mark 9:29 | SCRIPTURE  
Vlad Savchuk | SPEAKER  
Victory in The Valley | SERMON

Fever is a temporary increase in the body's temperature in response to a disease or an illness. Fasting has the same effect as a fever. It increases the spiritual temperature in which spiritual germs can't survive.

Scripture: Matthew 17:21; Mark 9:29

- 1. Personal transformation precedes power demonstration.** Luke 9:28-29
- 2. Prayer enables you to overcome, but arguing disables you from winning.** Mark 9:14
- 3. Mountain top people can handle valley problems.** Matthew 17:17

This generation: unbelief & perverse  
Mountain top people: prayer & fasting

Prayer connects us to God.  
Fasting disconnects us from the world.

**Facts About Fasting:**

Fasting is not starvation; starvation is controlled by the environment and fasting is controlled by you.  
Fasting Holds Back the Judgment of God (Jonah 3:5, 10; 1 Kings 21:27-29)  
Fasting Strengthens Your Prayer Life (Ezra 8:21-23; Joel 2:12; Jer. 29:13)  
Fasting Subdues Our Self (Deut. 8:11-14)  
Fasting Subdues Enemies (2 Chron 20:1-4; 22)

NOTES