



2 Tim. 1:7 | SCRIPTURE

Rikhard Hartikanen | SPEAKER

The Battlefield of The Mind | SERMON

The journey of deliverance is not a binary journey.

It is a complex journey, that sometimes requires revisiting of certain areas in our lives for complete restoration and redemption.

A ministry with power and love, but no sound mind, becomes a circus. Weird things begins to happen.

A ministry with power and sound mind, but no love, becomes a revolving door. People leave, hurt and offended.

A ministry with love and sound mind, and no power, becomes a demon daycare. Nobody has the power to cast it out.

A ministry that operates in both power, love and sound mind becomes complete and able to handle and deal with all kinds of ministerial issues and to effectively be the hands of God in restoring and redeeming His people.

**Oxford dictionary of stronghold:**

1. a place that has been fortified so as to protect it against attack.
2. a place where a particular cause or belief is strongly defended or upheld.

Some strongholds are positive, godly, based on truth – reinforcing our relationship with Jesus.  
Some strongholds are negative, ungodly, based on lies – weakening our relationship with Jesus.

Ungodly strongholds are often built in our minds by demons using the lies of the enemy.  
(Examples of godly or ungodly strongholds)

The medical or biological term of a mental stronghold is a neural pathway.

How are strongholds formed? Over time

How are strongholds broken? Over time

Strongholds in our minds are mental thought patterns that have become a neural highway. By default, our minds go back into the same process over and over again.

These thought patterns were oftentimes initiated by demons and built entirely on lies.

Colossians 3:2, Joshua 1:8, Philippians 4:8, Jeremiah 23:29

The process of breaking down old strongholds and establishing new strongholds in our minds is called renewing our mind.

The Bible says the word of God is like fire and like a hammer that breaks the rock in pieces in Jeremiah 23:29

2 Corinthians 10:4-5 – our weapons are mighty

Ephesians 6:10-18 – the Word of God is the Sword of the Spirit

Hebrews 4:12 – the Word of God is living and active, it is powerful

NOTES



Jesus was tempted with three main temptations:  
The physical temptation - to do what feels good.  
The emotional temptation - to question God's love.  
The control temptation: to take over the throne (pride).

Jesus overcame the voice of the enemy by using the Word of God He had memorized.

**4 strongholds crippling the church today:**

1. Believing the devil is stronger than he is – stop playing Pokemon
2. Offense and church hurt – church is like a gym
3. Lust and immorality – birds flying over a tree vs bird building nest in our tree
4. Shame and condemnation – we are human beings, not human doings

**4 steps to renewing your mind with the Word of God:**

1. Search and find bible verses that addresses your issue
2. Memorize the bible verses in your mind
3. Let the memorization in your mind become meditation in your heart
4. Turn the bible verse into a prayer point