



1 Timothy 4:7-9 | SCRIPTURE  
Everett Roeth | SPEAKER  
Hit The Gym Of Godliness | SERMON

*Exercise yourself toward godliness. For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come. This is a faithful saying and worthy of all acceptance. 1 Timothy 4:7-9*

*Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith. Hebrews 12:1-2*

*Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things. 1 Corinthians 9:24-25*

Clement of Rome

*“Let us have faith, brothers and sisters! We are competing in the contest of a living God, and are being trained by the present life in order that we may be crowned in the life to come.” 2 Clement 20:2*

*If anyone teaches a different doctrine and does not agree with the sound words of our Lord Jesus Christ and the teaching that accords with godliness, he is puffed up with conceit and understands nothing. 1 Timothy 6:3-4*

*Eusebia: “to live as God would have us live” or “to live as God has told us we should live.” (Louw-Nida)*

Grace empowers us to be godly.

*Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue. 2 Peter 1:2-3.*

Connection

Reflection

Confession

Jesus prayed to the Father, “Sanctify them by Your truth. Your word is truth.” John 17:17

The Shema

*Hear, O Israel: The Lord our God, the Lord is one! You shall love the Lord your God with all your heart, with all your soul, and with all your strength.*

Deuteronomy 6:4-5

*And these words which I command you today shall be in your heart. You shall teach them diligently to your children.*

*You shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.*

NOTES



Deuteronomy 6:6-7

*You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.*

Deuteronomy 6:8-9

*If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.* 1 John 1:9

*Confess your trespasses to one another, and pray for one another, that you may be healed.* James 5:16

*Jesus said, "He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him."* John 14:21

*Giving all diligence, add to your faith virtue, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness, to godliness brotherly kindness, and to brotherly kindness love.* 2 Peter 1:5-6

*Paul said, "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."* Galatians 2:20

*Jesus said, "Let your light so shine before men, that they may see your good works and glorify your Father in heaven."* Matthew 5:16

Ignatius of Antioch

*"Pray continually for the rest of mankind as well, that they may find God, for there is in them hope for repentance. Therefore allow them to be instructed by you, at least by your deeds."* Letter to the Ephesians 10:1