



1. The Condition of Your Heart Matters

True impurity doesn't come from physical acts or external appearances. Instead, it springs from the heart—from within us—and it's our inner lives that shape who we are before God.

Matthew 5:27-28

27 "You have heard the commandment that says, 'You must not commit adultery.' [j] 28 But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart. If your heart is a garbage dump for evil desires, you cannot live rightly before God and you will never be able to fulfill God's true purpose for your life.

Jesus emphasized to the Pharisees that their man made traditions could not purify them. No matter how much they washed their hands, it would not make them clean.

2. The Heart is a Garden

Matthew 7:17-20

17 A good tree produces good fruit, and a bad tree produces bad fruit. 18 A good tree can't produce bad fruit, and a bad tree can't produce good fruit. 19 So every tree that does not produce good fruit is chopped down and thrown into the fire. 20 Yes, just as you can identify a tree by its fruit, so you can identify people by their actions.

When we give way to evil thoughts and desires, we are planting seeds of destruction. We need to clear out the stuff that's holding us back, the weeds of evil desires so we can live with more freedom and allow God's plan and purpose to flourish.

3. Your Heart is the Contact Point for God

Jeremiah 17:9-10

9 "The human heart is the most deceitful of all things, and desperately wicked.

Who really knows how bad it is?

10 But I, the Lord, search all hearts and examine secret motives. I give all people their due rewards, according to what their actions deserve."

Psalms 51:10

Create in me a clean heart, O God. Renew a loyal spirit within me.

Mark 7:14-23

God is ready to remove every bitter root of sin and evil desires that are keeping you in bondage.

4. Maintain Your Freedom

Proverbs 4: 23

Guard your heart above all else,



for it determines the course of your life.

Philippians 4:8

8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.