



## 1 Thessalonians 5:23

“And the God of peace Himself sanctify you wholly, and may your spirit and soul and body be preserved complete, without blame, at the coming of our Lord Jesus Christ.”

### SPIRIT, SOUL, AND BODY

- **Spirit:** The deepest, innermost part of a person.
- **Soul:** Composed of the mind, will, emotions, and intellect. It's the decision-maker between our spirit and our body—the in-between of the spiritual and the physical.
- **Body:** The outer shell that houses both the spirit and the soul.

### THE BEGINNING

- After God created the world, He created man—perfect.
- Adam's **spirit was alive unto God**, divinely connected.
- He was a **spirit-led** person. His spirit, aligned with God's Spirit, **dominated his decision-making**.

### THE CRASH

#### Genesis 2:17

“But of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”

- Adam lived 930 years, but he **died spiritually** that day.
- He was no longer spirit-dominated. He became **soulish**, led by **flesh** and **feelings** instead of the Spirit.
- Instead of being **masters over the earth**, Adam and Eve became:
  - Slaves to sin
  - Slaves to Satan
  - Slaves to the world
  - Slaves to their own **appetites and senses**
- We became **sinner**s, not because we sinned, but simply because **we were born**.



## THE STATE OF MANKIND

- Adam knew the **height** he fell from—he tasted and walked in that **perfect state**.
- But the generations after him? They didn't. Mankind doesn't even realize anything is wrong.
- Some don't even think they **need God**.

## THE LAW IS GIVEN

### Romans 7:12

"So then, the law is holy, and the commandment is holy, righteous and good."

- God gave mankind the Law—not to make us righteous, but to **reveal our need for help**.
- Man tries, but can't keep it. Something is broken inside.

### Romans 7:15–20 (summary)

"I don't understand what I do. I want to do good, but I keep doing what I hate... it's sin living in me."

- The Law exposes the brokenness.
- It points to the need for a **Savior**.

## THE SOLUTION: JESUS

### Galatians 4:4–5

"But when the fullness of the time came, God sent forth His Son... to redeem those who were under the Law..."

### John 1:12–13

"To those who received Him... He gave the right to become children of God... born of God."

- Jesus said: **You must be born again**.

### 2 Corinthians 5:17

"If anyone is in Christ, he is a new creation; old things have passed away... all things have become new."

- Our **identity is changed**.
- We are **no longer sinners**.
- The **Holy Spirit** has come to be our **personal teacher**.



## GROWTH IN THE SPIRIT

### 1 Peter 2:2

"Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation."

- We must **strengthen, build, and develop** our spirit.

### Luke 2:40

"The child (Jesus) grew and became strong in spirit..."

### Luke 1:80

"John grew up and became strong in spirit..."

### Romans 1:9

"God is my witness, whom I serve **with my spirit** in the gospel of His Son..."