



Foundation for ministry of inner healing

In **Isaiah 61:1**, the Bible says, that among other things, what Jesus came for was to bind the brokenhearted.

לְשִׁבְרֵי־לֵב (lishburei-lev) — “the broken of heart”

Root word: שָׁבַר (shavar) = to break, shatter, crush.

“Lev” = heart (seat of emotions, will, inner self).

So “brokenhearted” means not just sadness but a deep shattering of the inner person — the core of identity, desire, and courage.

“Bind up” (לְחַבֵּשׁ / lachabosh)

It’s the image of a healer wrapping up a wound to protect and promote healing.

In ancient Hebrew culture, it conveys tending carefully to wounds so they do not become infected or worsen.

He came to not only bandage the wounds of the hearts, but as the Greek translation (Septuagint) says in Luke 4:18, as Jesus is quoting Isaiah, it says, “Heal” (ἰάομαι / iaomai), which means to make whole, cure, restore to health. Jesus doesn’t only bandage our wounds, he bandages, heals, restores and makes us whole again.

Sometimes the process of healing something that has been fractured can sting or hurt during the healing process.

The Good Samaritan

Luke 10:30-36

The Good Samaritan. The healer of wounds. The ministry of love. The tending of the soul. The tender meekness of our Savior, expressed through the loving care of the ministry of inner healing.

Verse 30 - He fell among robbers. No matter who has hurt you, broken you, stripped you of your identity, stolen your innocence or wounded your heart, it is always the spirit of killing, stealing and destruction that is behind it, not the person!

He fell among robbers. They stripped him. They beat him. They left him.

Stripping of clothes in Scripture, I found to often symbolize the stripping of our identity. Our core identity of who we are as a person.

Genesis 3:7 - Adam and Eve were ashamed of their nakedness.

Isaiah 47:3 - God speaks to Israel saying your nakedness shall be uncovered.

Hosea 2:3 - God warns Israel of being stripped naked for unfaithfulness, representing a symbolic loss of identity and protection.

Beating symbolizes the breaking of his will/spirit

Proverbs 15:13 - “By sorrow of the heart the spirit is broken.”

Being left symbolizes rejection, abandonment and isolation

Psalms 27:10 - “Though my father and mother forsake me, the Lord will receive me.”

Ezekiel 16:4-6 - God pictures Israel as an abandoned baby “cast out in the open field.”

Luke 10:33 - a Samaritan saw him and had compassion. Inner healing is a ministry of compassion.

Verse 34 - He bound up his wounds, pouring oil and wine. He set him on his own animal, took him to an inn and took care of him. He then paid the innkeeper to keep tending to the wounded.

This symbolizes the process of inner healing.

- Bound up his wounds



- Poured oil
- Poured wine
- Put him on his own animal
- Took him to an inn
- Paid the innkeeper

Jesus is telling this story to a Jewish audience steeped in **1st-century Jewish and Greco-Roman medical practices**.

First step was to pour wine in the wound as wine was known to have **antiseptic properties**.

- Its alcohol content could help kill bacteria.
- It cleansed dirt out of wounds.

What is something today that hurts when first applied, or heard but then later clears out any dirt (fragments of hurt)?

John 15:3 - *"You are already clean because of the word I have spoken to you."*

Ephesians 5:26 - *"...that He might sanctify and cleanse her with the washing of water by the word."*

Psalms 119:9 - *"How can a young man keep his way pure? By guarding it according to Your word."*

The TRUTH. The truth hurts. The truth sets us free. Inner healings first step is to apply truth. Jesus is the Way, the Truth and the Life. The Word of God is the truth. The truth of God's Word cleanses our soul wounds, washes away residual dirt, shame and guilt and purifies us so we can begin to heal.

Some situations require truth of the situation to be recognized. Other situations require The Truth to be recognized.

The Word of God, when applied correctly, cleanses us of unrighteousness, breaks down strongholds of lies and realigns dysfunctional beliefs.

Next step was to pour olive oil as it was widely used for **soothing and promoting healing**:

- It moisturized the wound and skin.
- It acted like a mild barrier against dirt.
- It soothed inflammation and pain.

What can be likened to the oil? The presence of the Holy Spirit. Throughout Scripture, the presence of the Holy Spirit and His anointing is likened with oil, which has soothing properties. The Holy Spirit and His presence acts as a pain reliever in seasons of healing. The less of His presence you experience, the more painful the healing process will be.

John 14:26 - *"But the Helper (Comforter, Advocate, Intercessor, Counselor, Strengtheners, Standby), the Holy Spirit..."*

Psalms 23:5 - *"You anoint my head with oil; my cup overflows."*

Isaiah 1:6 - *"From the sole of the foot even to the head, there is no soundness in it, but wounds and bruises and putrefying sores; they have not been closed or bound up, or soothed with oil."*

Thirdly, the wound would be "bound up", meaning wrapping torn or open skin with strips of cloth to:

- Stop bleeding.
- Protect from dirt, insects, and infection.



- Hold any medicinal substances in place.

What works as a sealing component in our spiritual life? We “seal it with prayer”. Prayer is what completes this first three-part process of inner healing.

The truth of God’s Word cleanses our wounds. The presence of the Holy Spirit acts as a pain relief, soothing our hurts. Prayer is the sealing component, that keeps the other things in place.

James 5:16 - *“The prayer of a righteous person is powerful and effective.”*

Job 42:10 - *“And the Lord restored Job’s losses when he prayed for his friends...”*

Philippians 4:6–7 - *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God... will guard your hearts and minds in Christ Jesus.”*

Fourthly, the Good Samaritan put the wounded man on his own animal. This signifies the sharing of burdens, letting someone who is wounded share their experience without shame or guilt.

Galatians 6:2 - *“Bear one another’s burdens, and so fulfill the law of Christ.”*

Romans 15:1 - *“We who are strong ought to bear with the failings of the weak and not to please ourselves.”*

1 Corinthians 12:26 - *“If one member suffers, all suffer together; if one member is honored, all rejoice together.”*

Fifth, he took him to an inn, representing a safe place. This is an environment that promotes healing, people that are safe, trustworthy, a place where rest and recovery can take place. The “inn” represents **changing your environment** — physically (unsafe home, abusive people), relationally (toxic connections), and emotionally (coming out of shame, fear, or condemnation into acceptance and grace).

Proverbs 18:10 - *“The name of the Lord is a strong tower; the righteous run to it and are safe.”*

Psalms 91:1–2 - *“He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the Lord, ‘He is my refuge and my fortress...’”*

Lastly, he gave the innkeeper money to keep taking care of the wounded man after leaving. This signifies the importance of providing resources and tools for someone to continue the healing process even after inner healing sessions have been completed.

I am happy to announce that we are starting an inner healing program at HungryGen.

Father wounds and mother wounds

Verse 31 - A priest passed by, not intervening.

Verse 32 - A levite did the same thing, passing by on the other side.

Priests and levites of course symbolizes spiritual authority. This parable is the beginning of church hurt.

Being hurt by a spiritual authority or not being helped by a spiritual authority can cause big emotional hurt.

But can a priest and a levite also represent someone else in our life that may even have a greater influence over us than our pastor or worship leader?

Exodus 12:3 - The Passover instructions were given to the fathers to lead the family in sacrifice.

Job 1:5 - Job acted as priest for his household, offering burnt offerings for his children.

Often, as husbands and fathers, we are called upon to act as ‘priests of our home’.



Maybe, the priest can represent an absent father, an emotionally distant father. A father that never let his son pursue the wild. A father than never instilled his daughter's worth.

In Biblical context, the duties of Levites was to assist and help the priest and serve in the house of the Lord.

- They took care of the tabernacle (**Numbers 3:5–10**)
- Guarded the holy things
- Were close to the "inner rooms" (**Numbers 18:1–6**)
- Led worship and taught the law (**Deuteronomy 33:10**)

Maybe, the levite, being an assistant and helper to the priest in this context, can represent a mother unable to nurture, allowing abuse or trauma to continue.

Every boy is born into this world with one core question that will forever shape his identity. "Do I have what it takes?"

This is a deep cry of masculine identity. Am I strong? Am I capable? Can I come through when it counts? It is in the very core of your identity as a man.

The person who God designed to answer this question is every boys father.

A father instills identity into a boy and answers the question: **Yes**, you have what it takes. You are strong, you are fierce, you're manly, you're brave. You are not scared of risk or danger. You can protect. You can pursue, you can conquer. You have what it takes and I am proud to be your father.

When a father doesn't answer this question in early, formative years of a boy (primarily up to age of 5 but secondary all the way to adolescent years), a boy will try to answer it himself or find answers someplace else.

A man with this unanswered core question can become passive, angry, insecure, or constantly striving for validation. This is what we define as a "father wound".

In the same way, the mother is designed to answer other questions in the boys life. "Am I worthy of love? Can I be loved for who I am? Is it okay to fail?"

Leaving this question unanswered reduces a man's self-image and self-worth. He is unable to feel love or give love. This is what we call a "mother wound"

So also, every daughter, every girl, is born on this earth with a core question: "Am I lovely? Am I worth pursuing?".

This is the deep cry of feminine identity: Am I captivating? Do you see me? Am I worth fighting for and protecting?

Every girls father gives the core blessing of being *worthy of love and protection*. His attention, delight, and presence validate her beauty and worth.

Every mother also shapes her sense of identity, nurturing her soul, modeling womanhood, and forming her emotional life.

If these questions go unanswered, a girl may chase affirmation from boys or men, or hide her beauty and desire. She may battle shame, comparison, or try to be "enough" by overachieving or controlling. This is known as a father wound in a woman's heart.



A mother's lack of nourishment, absence, critical mind or coldness also causes mother wounds, where the little girl will doubt her ability to love and nourish.

Forgiveness opens the door to healing

One of the most important tools we can use in the process of healing our soul and our emotions is the tool of forgiveness. Unforgiveness gives demons legal rights to stay, it causes physical health issues, stress and sickness.

When you hold on to unforgiveness:

- You **experience spiritual torment**. (Matthew 18:21–35)
- You **block God's forgiveness** in your own life. (Matthew 6:14–15)
- You **poison your soul and your relationships**. (Hebrews 12:15)
- You **give the enemy legal access**. (Ephesians 4:26–27, 31–32)
- You **reject the gift you've received** — grace. (Colossians 3:13)