

## I. CROUCHING SIN—The Enemy at the Door

Temptation is universal; even Jesus was tempted. Being tempted doesn't mean you're demonized; it means you're human and under spiritual attack.

*Sin is crouching at your door; it desires to have you, but you must rule over it. Genesis 4:7, NIV*

- Sin is "crouching"—the Hebrew word "rabas" means to lie low like a beast ready to spring.
- Sin "lurks" at the door—like a predator positioned at an entryway, watching for an opening.
- "It desires to have "you"—Hebrew *tesûqâ*, an aggressive craving for control.
- God's warning carries hope: "You must rule over it."

### H.I.T. – When Temptation Hits

H – Hungry

I – Isolated

T – Tired

## II. COLLABORATING FLESH—The Traitor Within

- The word "flesh" refers to our sinful nature, inherited from Adam. (Rom 7:5; 8:12–13).
- The flesh is not a demon, but if we continually yield to it, the flesh offers demons a way to enter.
- "The flesh...is the evil principle in man's nature, the traitor within who is in league with the attackers without. The flesh provides the tinder on which the devil's temptations can kindle."  
W. Graham Scroggie
- The flesh works with Satan like Delilah with the Philistines.
- The longer you entertain the flesh, the stronger its grip becomes.

## III. CONQUERING SPIRIT—The Manual Transmission Mindset

Victory isn't automatic; it's manual—it requires intention. Just because you are a Christian does not mean you will "automatically" be able to overcome temptations. Our minds require a "manual" approach if we are to see victory, and that requires us to use the three pedals: Consider (clutch), Crucify (brake), and Commit (gas).

### How to overcome the flesh?

- Consider yourself dead to sin (Rom 6:10–11).
- Crucify the cravings of the flesh (Gal 5:24).
- Commit to walking in the Spirit (Gal 5:16).

### 11 Prayer Declarations for This Week

- Today, I close every door to sin, shame, and Satan! The enemy has no entry, and I belong fully to Jesus!
- I renounce every secret sin, every hidden habit, and every unholy desire! What once controlled me will control me no more!
- My body is not a playground for demons — it's the temple of the Holy Spirit! I welcome Your presence, Lord, not my past!
- The traitor within will no longer betray me. I crucify my flesh and surrender my will!
- I refuse to flirt with Delilah! I will flee like Joseph and fight like Jesus!
- I break agreement with every lie of the enemy! I come into agreement with the truth of God's Word!"



- I am not fighting for victory — I'm fighting from victory! Sin is defeated, Satan is dethroned, and Jesus is Lord!
- Holy Spirit, take the wheel of my life! Lead me, fill me, and shift me into Your purpose!
- I choose purity over pleasure, holiness over hype, and obedience over opportunity! I will walk in the Spirit and not fulfill the lust of the flesh!
- From this day forward, I rule over sin — sin does not rule over me! The door is shut, the blood is applied, and the victory is mine — in Jesus' name!
- SIN, YOU HAVE NO PLACE IN ME! DEVIL, THE DOOR IS CLOSED! HOLY SPIRIT, YOU ARE WELCOME IN MY HOUSE!